Ages 2 and Up

KUMON

Kumon First Steps Workbooks

Let's Cut Paper!

Food Fun

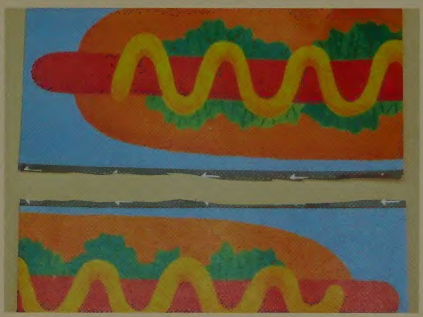
Your child will develop fine motor control skills while having fun using scissors to cut lines and shapes.

How to use this book 2

How to cut with scissors

Show your child how to cut along the designated lines. It is perfectly okay if your child cannot cut completely accurately. He or she will gradually learn to do so.

The first step in cutting is learning how to properly manipulate scissors. Check to see if your child can easily open and close the scissors, and also check to see if he or she can hold the scissors at a right angle to the paper.



▲ In the early stages, children usually cut unevenly.

Encourage your child to align the scissors with the cutting line. Please do not be concerned if your child cuts off of the designated line, or if he or she cannot stop the scissors at a designated point.

▲ Cutting a rectangular line can be difficult.

Show your child how to hold the paper away from the scissors, with the scissors pointed at the cutting line. This is a difficult skill that requires some getting used to.

Tips for cutting neatly

Open the scissors wide and cut half an inch, then open the scissors wide again and cut another half an inch. Repeat this technique.

▲ In order to cut neatly, use the section of the blades nearest to the joint in the scissors.

2 Corn

Done!

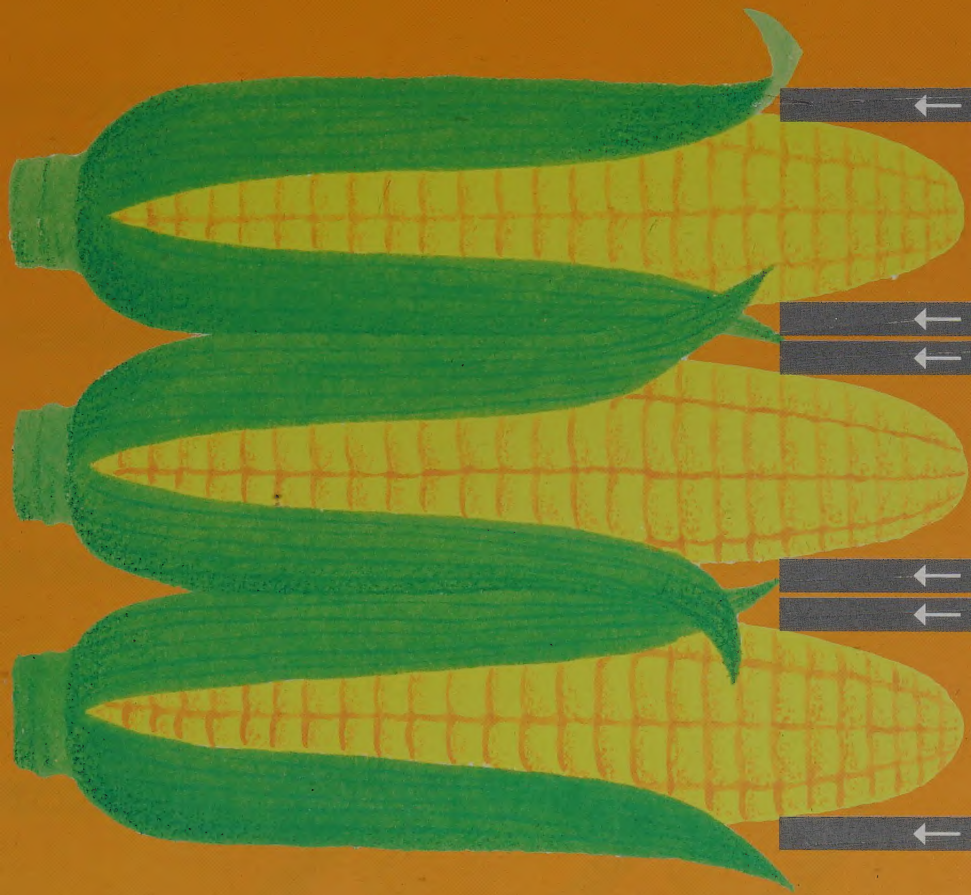
To parents

Encourage your child to practice opening and closing the scissors. If he or she is having difficulty holding the paper steady while cutting, you can place the paper on the table.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

corn



4 Banana

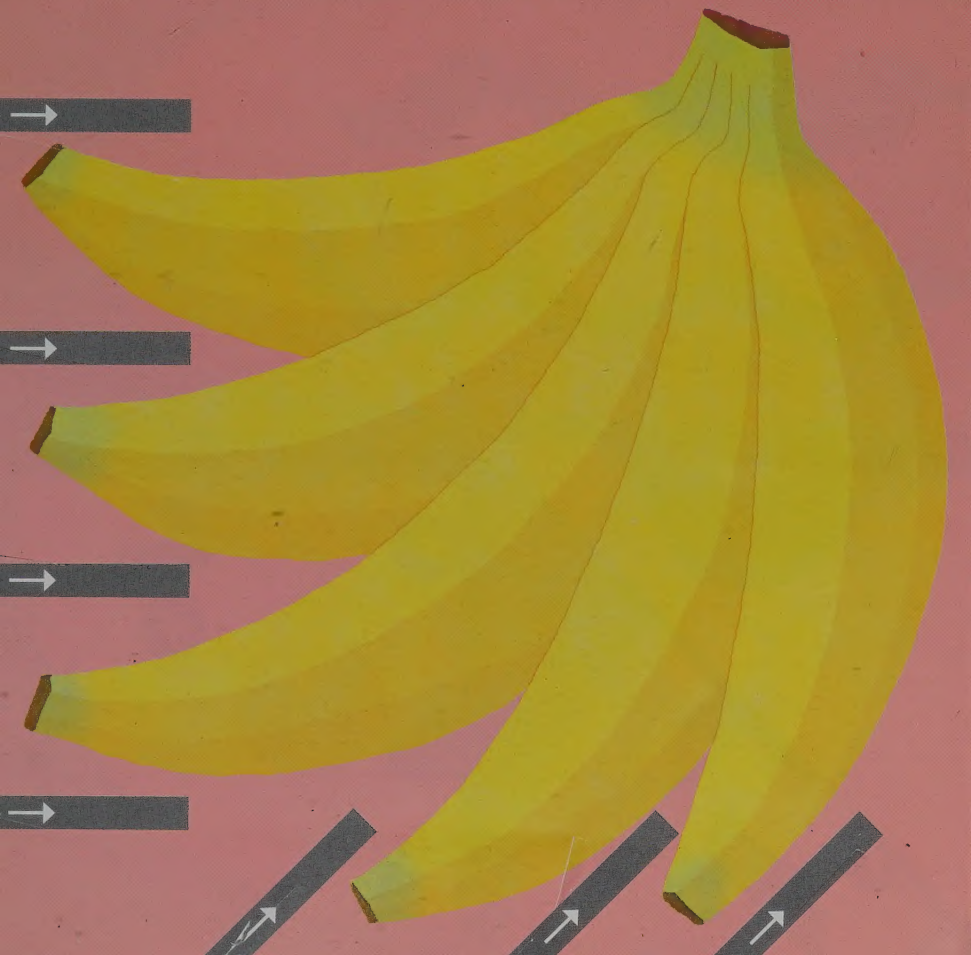
Done!

To parents
When he or she has completed the exercise, offer praise and say "banana" aloud while pointing to the word.

Cut along ▬▬.

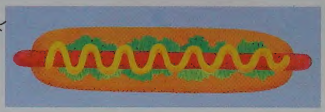
✂ Parents: Please cut along ▬▬ for your child.

banana



6 Hot Dog

Done!



To parents
Encourage your child to arrange the pieces after cutting them, and say something like, "It looks yummy! Do you like hot dogs?"

Cut along ▬▬ and arrange the parts as shown.

✂ Parents: Please cut along ▬▬ for your child.

hot dog

9 Popcorn

To parents

From this page on, your child will practice cutting curving lines. It is okay if your child cuts off of the line, or cuts in straight lines at first. Help your child open and close scissors with short strokes in order to cut curves neatly. Have fun moving the lid.

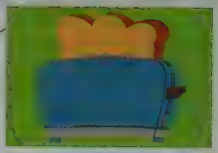
Cut along ▬ and arrange the parts as shown.

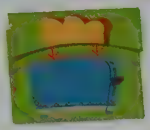
✂ Parents: Please cut along ▬ for your child.

popcorn

10 Toast

Done!





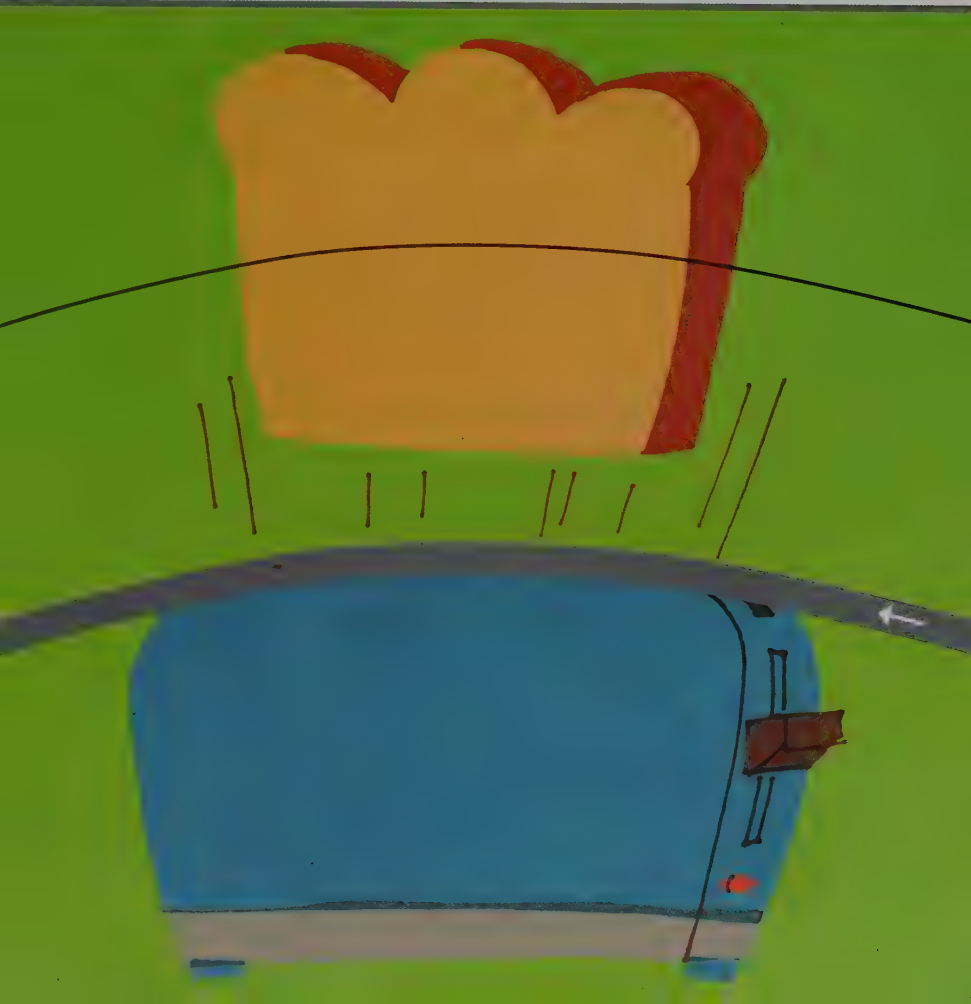
To parents

Encourage your child to cut curves slowly and steadily. When he or she has successfully cut the paper, your child put the bread in and out of the toaster.

Cut along ▬ and arrange the parts as shown.

✂ Parents: Please cut along ▬ for your child.

toast



11 Macaroni and Cheese

To parents
Do not be concerned if your child's cutting is uneven. The most important thing is that your child enjoys cutting paper.

macaroni and cheese

Cut along ▬▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

12 Pancakes with Syrup

Done!

To parents
Help your child open and close the scissors with short strokes to cut curves neatly. Through repeated practice, he or she will acquire firm scissor control.

Cut along [redacted].

Parents: Please cut along ——— for your child.

pancakes

13 Shish Kebab

Done!

To parents
From this page forward, your child will practice changing the direction at the ★ in order to cut zigzag lines. This can be very difficult, so when your child has successfully cut the paper, offer lots of praise.

Cut along ▭.

✂ Parents: Please cut along ▭ for your child.

shish kebab

14 Watermelon

Done!

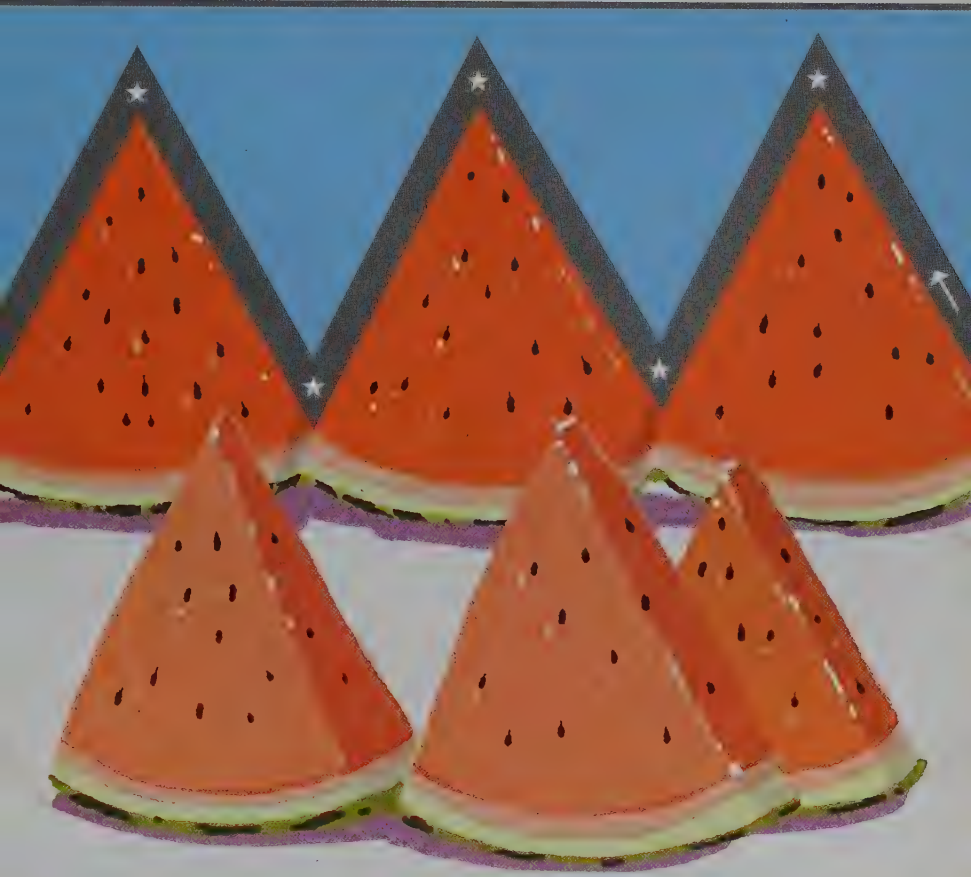
To parents

In this exercise, the zigzag line is more difficult. Do not be concerned if your child's cutting is askew. The most important thing is that your child enjoys cutting paper. When your child has completed the exercise, say "watermelon" aloud while pointing to the word.

Cut along ▬▬▬.

watermelon

✂ Parents: Please cut along ▬▬▬ for your child.



15 Egg

Done!

To parents
Cutting in a zigzag is a difficult skill to master. When your child has successfully cut the paper, offer lots of praise.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

egg

16 Sub

Done!

To parents
When your child is finished cutting along the designated line, pretend to eat the sub and say something like, "Yummy!".

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬ for your child.

sub

17 Bread

Done!

To parents
In this exercise, the curving line is getting more difficult. When your child has finished cutting, pretend to spread the jam with a knife and eat the bread.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

bread

18 Tomato

Done!

To parents
When your child has finished cutting, pretend to pick the tomatoes and say something like, "Tomato plants grow lots of tomatoes. Let's pick some."

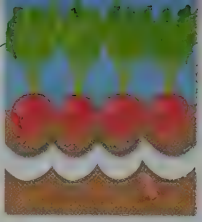
Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬ for your child.

tomato

19 Radish

Done!



To parents
Now your child will practice cutting very wavy curves. It is okay for him or her to cut at sharp angles at first. Remind your child to change direction with each cutting stroke.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

radish

20 Cupcake

Done!

To parents
When your child is finished, offer lots of praise and say something like, "It looks good. Which one do you like the most?"

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬ for your child.

cupcake

21 Chicken Soup

Done!

To parents
From this page on, your child will practice cutting long lines and stopping. It is okay if your child cannot stop cutting at the ★. After cutting, fold along the dashed line. Open the tin and pretend to serve soup.

Cut along ▬▬▬.

chicken soup

✂ Parents: Please cut along ▬▬ for your child. Fold upwards along ▬·▬.

22 Roast Chicken

Done!

To parents
If your child is having trouble cutting curved lines, it is okay for him or her to cut sharp angles. After cutting, fold along the dashed line and prop up the dish.

Cut along ▬▬▬.

roast chicken

✂ Parents: Please cut along ▬▬ for your child. Fold upwards along ▬·▬.

23 Apple Pie

To parents
If your child seems to be having difficulty cutting along the designated line, offer your help. After cutting, fold along the dashed line and prop up the dish.

Cut along ▬▬▬.

apple pie

✂ Parents: Please cut along ——— for your child. Fold upwards along -·-·-.

24 Avocado Roll

Done!

To parents

From this page on, your child will practice cutting long lines and changing direction. By now, you have probably noticed a big improvement in your child's paper cutting skills.

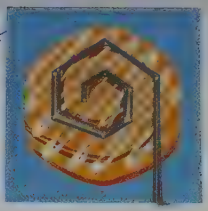
Cut along ▭.

✂ Parents: Please cut along ▭ for your child.

avocado roll

25 Cinnamon Roll

Done!



To parents

In this exercise, your child needs to hold the paper and turn it while cutting. Make sure he or she is holding the scissors at the proper angle. Through repeated practice, he or she will acquire firm scissor control.

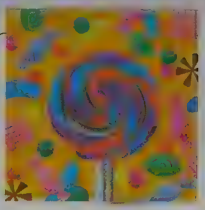
Cut along ▭.

✂ Parents: Please cut along ▭ for your child.

cinnamon roll

26 Lollipop

Done!



To parents

In this exercise, your child will hold the paper and rotate it in order to cut in a circular direction. Do not be concerned if your child's cutting is crooked. The most important thing is that your child enjoys cutting paper.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

lollipop

27 Frozen Yogurt

Done!

To parents

The cutting line in this exercise is more difficult to cut than in previous pages. Have fun pretending to eat the frozen yogurt.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬ for your child.

frozen yogurt

28 Spaghetti with Meatballs

To parents
Even if your child cuts too far, you can always mend the paper with tape. When he or she is finished, offer lots of praise.

spaghetti with meatballs

Cut along ▬▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

29 Taco

Done!

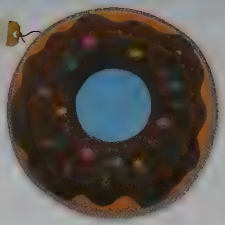
To parents
From this page on, your child will practice cutting out the figures from the edge of the page. After cutting, fold along the dashed line and pretend to make a taco.

Cut along ▬▬▬.

taco

✂ Parents: Please cut along ▬▬▬ for your child. Fold downwards along ▬·▬.

30 Donut



To parents
In this exercise, your child will practice rotating the paper while cutting in order to cut evenly curved lines.

Cut along ▬▬▬.

donut

✂ Parents: Please cut along ▬▬ for your child.

31 Quiche

Done!

To parents
When your child is finished, offer lots of praise and say something like, "Well done! It looks good."

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬ for your child.

quiche

32 Cake

Done!

To parents
When your child has successfully completed the exercise, have fun pretending to eat the cake.

Cut along ▬▬▬▬.

cake

✂ Parents: Please cut along ▬▬▬ for your child.

33 French Toast

To parents
If your child does not cut perfectly, that is okay. It's more important that your child enjoys cutting.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬ for your child.

french toast

34 Sushi

Done!

To parents
When your child has successfully cut out the sushi, offer lots of praise. You can say something like, "Well done! It looks good."

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬▬ for your child.

sushi

35 Pear

To parents
If your child is cutting off the line and into the picture, help him or her adjust the direction of the scissor. Even if he or she cuts too far, you can always mend the paper with tape.

Cut along ▬▬▬.

✂ Parents: Please cut along ▬▬ for your child.

pear

36 Ice Cream Sandwich

To parents

It is okay for your child to close the scissors completely at the end of every stroke. However if he or she seems able to control the scissors well, show him or her how to keep moving the scissors without completely closing them.

Cut along [redacted]. ice cream sandwich

✂ Parents: Please cut along ▬▬ for your child.

37 Pumpkin

Done!

To parents
If your child seems to be having difficulty, offer to help. When your child has finished, offer lots of praise.

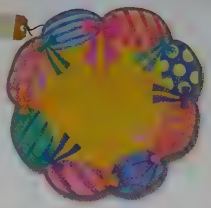
Cut along [redacted].

Parents: Please cut along [redacted] for your child.

pumpkin

38 Hawaiian Candy Lei

Done!



To parents
The designated line here is more difficult than the previous exercises. When your child has successfully cut out the Hawaiian candy lei, please offer lots of praise.

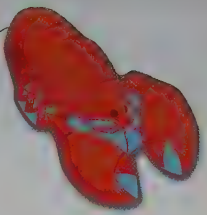
Cut along ▬▬▬.

Hawaiian candy lei

✂ Parents: Please cut along ▬▬ for your child.

39 Lobster

Done!



To parents

This is the last exercise in this workbook. Compare your child's work on this exercise with his or her earlier work. You will probably notice a lot of progress in your child's ability to cut paper precisely. Offer lots of praise for his or her accomplishment!

Cut along [redacted].

lobster

Parents: Please cut along [redacted] for your child.

KUMON

Certificate of Achievement

_____

is hereby congratulated on completing

Let's Cut Paper! Food Fun

Presented on _____, 20_____

_____

Parent or Guardian

DRAWING BOARD

To parents
This is a reusable drawing board—excellent for scribbling, drawing, and writing messages. Please use a water-based marker and erase with a damp cloth.

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Discover what millions of parents already know: Kumon works.

Whatever your child's age or grade level, Kumon can help him or her develop strong skills in math and reading, better study habits, and confidence that can help your child in the classroom and beyond. Millions of other parents and their children all around the world have experienced it firsthand. And you and your child can too.

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Kumon
First Steps Workbooks

Let's Cut Paper!

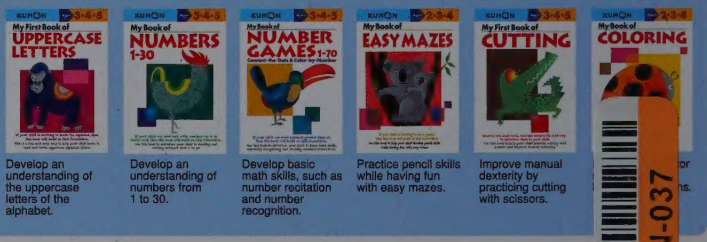
Food Fun

If your child enjoyed this First Steps Workbook, consider one of our other Kumon Workbook titles. Each workbook is designed to guide your child through a particular skill or learning concept.

First Steps Workbooks

Your child will develop fine motor control skills and pencil control through coloring, folding, pasting, and cutting paper. These skills are an important foundation for further learning. First Steps Workbooks are specially designed for children who have not yet mastered the use of a pencil.

Gain basic pencil skills while having fun.



Develop an understanding of the uppercase letters of the alphabet.

Develop an understanding of numbers from 1 to 30.

Develop basic math skills, such as number recitation and number recognition.

Practice pencil skills while having fun with easy mazes.

Improve manual dexterity by practicing cutting with scissors.

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